

Questionnaire Depression

At least **two** of the following symptoms are present.

1. Depressive mood to an extent clearly unusual for those affected, most of the day, almost every day, essentially unaffected by the circumstances and lasting for at least two weeks
2. Loss of interest or enjoyment in activities that used to be enjoyable
3. Reduced propulsion or increased fatigue

One or more of the following additional symptoms up to a total of four

1. Loss of self-confidence or self-esteem
2. Unfounded self-reproaches or pronounced, inappropriate feelings of guilt
3. Recurring thoughts of death or suicide
4. Complaints or evidence of reduced thinking or ability to concentrate, hesitation or indecision
5. Psychomotor restlessness or inhibition
6. Sleep disorders of all kinds
7. Loss of appetite or increased appetite with a corresponding change in weight